

## Outreach

### Restoring Hope Ministries Youth Shelter

*One Tuesday or Saturday per month, 9:30 p.m. – midnight,  
or one Friday or Sunday per month, 8:30 p.m. – midnight.*

**Mandatory training:** Mon. Jan. 20, 7 – 9 p.m. at First Baptist Church

Join with Sunnysiders or with other Ottawa volunteers to love in a tangible way as part of a 3-person volunteer team and 2-person Restoring Hope staff team at the youth shelter (First Baptist Church, 140 Laurier Ave W). Serve in a way that fits with you: mealtime serving or clean up; being present to the youth; offering socks, toiletries, etc.; setting up cots.

**For info:** <https://restoringhope.ca/main/emergency-shelters>

**To register for training:** Nicole Chan

**Contact:** Kerry Kronberg

## Adult Mid-Size Groups

### 20 to Life

**Social Outings:** Sun. Feb. 9, Skating; Fri to Sun. March 6 – 8, Wake Up the World Conference; Sun. Apr. 5, Board Games & Lunch

**Mid-size Gatherings\*:** Fridays – Jan. 17 & 31, Feb. 21, Mar. 20, Apr. 24 at 6:30 p.m. in the Grosvenor Rm. (downstairs)

For ages 20 – 40, times for having fun, enjoying food, catching up with friends, building community, and growing as followers of Jesus.

Mid-size gatherings include peer-led topical discussions, hearing each other's stories, worship through music and time for games.

\*Childcare available.

**Contact:** Jesse Duncan

### Men's Breakfast

*Saturdays: Jan. 11, Feb. 1 & 29, Apr. 4*

*9:00 – 10:30 a.m. in the church basement*

Full breakfast and fellowship for men 18+.

**Contact:** Gilles Doucet

### Been There

*The 1<sup>st</sup> Thursday of the month, 9:30 – 11:30 a.m. in the church basement*

55+ meet for coffee, prayer, and conversation about faith and life.

## Small Groups

The following small groups are new or open to newcomers. Discussion questions for sermon-based groups will be provided in the bulletin and online through Apr. 5. For info about small groups, contact Gilles Doucet, Community Life Pastor.

### Old Ottawa South Small Group

*Thursdays, Jan. 9 – Apr. 2, 7:00 – 9:00 p.m.*

The Gospel of Matthew (first part): This will be an inductive study where we will be looking at the Scripture as it is written, discussing its meaning and applying it to our lives. Training on this Bible study method will be provided each week. Everyone is welcome.

### Southeast Small Group

*Dates to be determined based on availability of participants*

The Truth Project: A series of videos about how various worldviews influence us and compare to Christian beliefs. We will consider the cosmic battle between Truth (reality) and Falsehood (the illusion). What happens in society when you remove God from the equation?

### Orleans Small Group

*Wednesdays, Jan. 15 – Apr. 8, 7:00 – 9:00 p.m.*

Sermon-based study: Participants are encouraged to review the sermon questions prior to the meeting.

### Book Discussion: Christ on the Psych Ward

*Thursdays\*, Jan. 30 – Apr. 2, 7 – 8:15 p.m. in the Grosvenor Room.  
(\*Will not meet Mar. 19.)*

In guided discussion we will consider this book by David Finnegan-Hosey, in which personal testimony, theological reflection, and practical ministry experience are woven together to offer a message of hope for those living with mental illness and for friends and faith communities committed to caring for and learning from them. Participants must be able to read one chapter a week and will have interest in the connection between faith and mental health. Our evenings will end with a time of extended prayer.

**Contact:** Kerry Kronberg

## University & College Students

### Students & Households Together

Matching students and households for meals and connection.

**Contact:** Diane Riddell

### Campus Ministries

**The Navigators:** Carleton U, uOttawa

**Contact:** Emily Lorentz

### InterVarsity Christian Fellowship:

- Carleton U

**Contact:** Deirdre Walters or Cristy Dagenais

- Algonquin College, uOttawa

**Contact:** Dan Desgroseilliers

- International Student Ministry: uOttawa

**Contact:** Cheralyn Post

## Children & Youth

### Girls' Club

*Every other Wednesday starting January 15, 6:30 – 8:00 p.m.  
in the church basement*

For girls ages 5 - 11. We play games, eat snacks, learn about Jesus, ask questions, make new friends, create, and have fun!

**Contact:** Miranda Valentini

### Sunnyside Youth

*Every Tuesday, 6:30 – 8:30 p.m. in the church basement*

Teaching and activities for Gr. 7 - 12.

**Contact:** Matt Bellefeuille



## Sunnyside Community

### Newcomer Coffees

*Sundays after each service: Feb. 2, Mar. 8, Apr. 5 in the foyer*

Take a red cup in the foyer after service if you wish to identify that you are new! A time for coffee and conversation between Sunnyside newcomers, staff, and some long timers. Everybody welcome.

### Ash Wednesday

*Wednesday, February 26, 7 p.m.*

You are welcome to attend this contemplative service which includes scripture reading, prayer, a short message and the imposition of ashes to mark the beginning of Lent.

### Baptism and Confirmation Group

*Sunday, March 29 or Apr. 19, 12:30 – 2 p.m.*

*in the Grosvenor House conference room*

To learn about and/or prepare for your baptism, please attend one class. (Our next baptism/confirmation services will be held May 3.)

**Contact:** Kerry Kronberg



**Rev. Kerry Kronberg, Senior Pastor**  
seniorpastor@sunnysidechurch.ca

**Rev. Darren Dicks, Associate Pastor**  
associatepastor@sunnysidechurch.ca

**Rev. Miranda Valentini, Pastor of Family Ministries  
and Pastoral Care Team Overseer**  
familypastor@sunnysidechurch.ca

**Matt Bellefeuille, Youth Pastor**  
youthpastor@sunnysidechurch.ca

**Gilles Doucet, Community Life Pastor**  
gilles.doucet@sunnysidechurch.ca

**Jesse Duncan, Ministerial Student  
and Worship Team Administrator**  
jesse.duncan@sunnysidechurch.ca

**Beth Fleming, Office Administrator**  
office@sunnysidechurch.ca

**Kyle Brentnell, Business Manager**  
finance@sunnysidechurch.ca

**Ken Mansell, Custodian**

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**Prayer Requests**  
prayer@sunnysidechurch.ca  
(Will be kept strictly confidential.)



**Fostering Community  
within  
Sunnyside Wesleyan Church**

**Winter 2020**



*"...people being transformed by the love and grace  
of Jesus as we practise authentic community."*