

August 28, 2020

Dear Friends,

I've been thinking about what will help me move through this insecure and polarizing time alive. Here's what I came up with:

1. *Be attentive to God every morning.* To pray is to say, "God, you exist. You are. And, because You are, I am. You are my beginning and end. I live in and with and for You." Scripture acquaints me with God and gives me 'food' for the day through [daily readings](#). I take notice of Jesus Christ as God-in-the-flesh and follow him.
2. *Keep dealing with my own stuff.* There's a parable of Jesus that speaks of getting that log out of my own eye so that I may see clearly to take the speck from my neighbour's eye (Matthew 7:1-5).
3. *Let my walk exceed my talk.* Practice compassion in word and deed in real time enabled by God's Spirit.

These ways of being happen in relation to the Church. I don't have to go it alone. I am encouraged and accompanied by you.

How about you? How are you staying alive?

#### **Sunday Online Worship Gathering at 10 a.m.**

We've come to a pivot point in Matthew's Gospel. Jesus is on his way to his death in Jerusalem (Matthew 16:21). His famous words in verses 24-25 are key to making it through life alive: "Then Jesus told his disciples, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it.'" These words are counterintuitive. They offer the way to live. What do they mean?

Please [contact me](#) for a link to the online Sunday service.

For this week's scripture readings and other announcements, go to [Sunday's bulletin](#).

#### **Being the Church, this Fall**

Please stay tuned for details next Friday about how you may connect with and be a blessing in and with Sunnyside Church this fall.

Finally, some of you may enjoy this [Evolution of Worship Music video](#) which takes you on a 1500 year ride in 7.5 minutes! I look forward to singing together again.

With love and prayers,

Pastor Kerry Kronberg (with the whole team)