

## OUR MISSION

The Mission of Sunnyside Wesleyan Church is to be:

**A place** where we experience God's transforming love through the Holy Spirit, by faith, the Word of God, worship and prayer;

**A people** being transformed by the love and grace of Jesus as we practice authentic community;

**A presence** of God's transforming love in Old Ottawa South, across the city and around the world, through acts of generosity, compassion, and outreach.

## PRAYER FOCUS

### Marriages



Married couples - Christian and non-Christian - are under great stress. The pandemic has heightened problems for married as well as unmarried people. Job loss during COVID-19 has hit lower-income families hardest, leading to some marriage breakups. Please pray...

- that God will move mightily among Christian married couples, drawing them closer and showing the world what a loving marriage centred on Christ is like.
- for mutual submission between husbands and wives as they work to build each other up.
- that society as a whole will see that a loving marriage is something to celebrate – not denigrate.
- that struggling couples will seek help to deal with their problems before separating.
- for the Spirit's healing for hurting couples and those who separate or divorce.
- that couples will practice spiritual disciplines together and in the context of church community: The divorce rate is somewhat lower among active believers who participate in church, study the Bible, and pray.

From [Love Ottawa](#)

## CONTACT INFORMATION

### Sunnyside Wesleyan Church

58 Grosvenor Ave., Ottawa ON K1S 4S4

613-730-9411

[www.sunnysidechurch.ca](http://www.sunnysidechurch.ca)

Follow us on [Facebook](#)

[Click here](#) for staff contact info.

### Sunday Services:

9 & 11 a.m.

([Click here](#) for livestream at 11)

### Office hours:

Mon. Tue. Thu. Fri.

10 a.m. to 4 p.m.

### Prayer Requests:

Submit yours [here](#).

(Will be kept strictly confidential.)

### Bulletin Announcement Deadline:

[Contact the office](#) by Wednesday noon.

**October 24, 2021**  
**Pentecost 21**



**Experiencing, Embodying, and  
Expressing God's Transforming Love**

9 & 11 a.m.

Livestream at 11 a.m.

Communion

Pastor Kerry is speaking on  
*Jesus and the Low Points in Life*

Next week:

Baptisms

Pastor Kerry will be speaking.

## WELCOME GUESTS!

### Pastor Kerry's Weekly Email

If you would like to receive regular updates, including links to online services, updates on in-person gatherings, articles, encouragement, and church news, [click here](#) to join the mailing list.

### Connecting

Please pause to fill out a connection card and drop it in the the Communication box in the foyer, or scan the QR code.



## YOUR GIVING

The operations and ministries of Sunnyside are made possible as we, from a love response to God, freely offer our time, money, and talent. There are several ways to help support this work we're in together.

- Send a text to 77977 with "swcott" in the text box.
- Go [to our website](#).
- Use an offering envelope and drop it in the Communication box in the foyer. (Donations will be accessed, opened, and counted by two designated people as per our accountability protocol.)

## A PLACE...

### Attending Services In-Person

Please [register here](#) for one of the services, and read the [current guidelines](#) for meeting in the church building. Before your arrival, go to our [website](#) and complete Building Entrance Screening.

This is Communion Sunday. The bread is gluten-free.



### Monthly Worship Evenings



Join us on the third Tuesday of the month (**Nov 16, Dec 21**) at 7 p.m. in the sanctuary for a low-key time of worship and reflection, with music. Everyone is welcome! Please [register here](#).

## This Week's Readings

[Psalm 34:1-8](#) [Job 42:1-6, 10-17](#)  
[Hebrews 7:23-28](#) [Mark 10:46-52](#)

## Resource Corner

### Stress & Burnout

Focus on the Family Canada is offering a free e-booklet especially for couples and families, exploring topics such as "the roads in and out of burnout, managing stress as a couple, how mental health breaks can help you and your children manage stress", and more. [Click here](#) to view it.

## A PEOPLE...

### Fall 2021 Brochure



Looking for ways to plug-in to Sunnyside? Check out our *Growing as a Community of Faithful Christ-followers* [brochure](#); there's something for everybody! As we move through the season, it will be updated with more activities, groups, and special services.

**2021life** Sunday, Oct. 24 at 12:45 p.m. all those 20 to 40 are invited to Mer Bleu Bog for a fall hike. Bring food, water, and appropriate clothing. For info, or if you need or can provide a ride from the church, [contact Jesse](#).

### Prayer Email

If you would like to pray regularly for our church community, consider signing up to receive our weekly prayer email. [Contact the office](#) if you're interested.

### Our Gifts in Action

As we anticipate worshipping together in-person again on Sundays, there are several ways to use your gifts to enhance the services and bless those coming back into our building. Contact these people for more info about your area of interest:

- Sunday school teachers and helpers\* ([contact Abe](#))
- greeters and Communion team ([contact Beth](#))
- musicians and audio/visual ([contact Jesse](#))
- small group leaders and hosts ([contact Nate](#))

\* the church will cover your police record check