

## OUR MISSION

The Mission of Sunnyside Wesleyan Church is to be:

- A place** where we experience God's transforming love through the Holy Spirit, by faith, the Word of God, worship and prayer;
- A people** being transformed by the love and grace of Jesus as we practice authentic community;
- A presence** of God's transforming love in Old Ottawa South, across the city and around the world, through acts of generosity, compassion, and outreach.

## PRAYER FOCUS

**Emily Lorentz**  
**The Navigators**



Prayer Points:

- Pray that students would believe that they are as loved as God says they are. Join me in praying Ephesians 3:16-19 for them this month.
- Ask God to send out labourers into his harvest field in Canada through an internship with us on campus. I'm praying for 6 interns to join us in this adventure. Ask the Lord that these interns would be foundational for further generations of disciple makers. Pray for a deepening of friendships with students from different world views. And for the truth of Jesus being the God who suffers with and for us to resonate with those in attendance.
- On March 6, the Navigators of Canada are hosting a Student Leader Summit: Become a Soul Minimalist. Pray that we would follow the Spirit's leading as we plan and for the Spirit to make more room for himself in the hearts of those in attendance.
- God has led me to continue to serve Him with Navigators of Canada after my current permit comes to an end. Pray for wisdom, peace, trust and favour as I enter into the another season of immigration paperwork.

## CONTACT INFORMATION

**Sunnyside Wesleyan Church**  
58 Grosvenor Ave., Ottawa ON K1S 4S4  
613-730-9411  
[www.sunnysidechurch.ca](http://www.sunnysidechurch.ca)

[Click here](#) for staff contact info.

**Prayer Requests:**  
Submit yours [here](#).  
(Will be kept strictly confidential.)

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**Office hours:**  
Mon. Wed. Fri. 10 a.m. - 4 p.m.  
Phone and email checked regularly.

**Bulletin Announcement Deadline:**  
[Contact the office](#) by Wednesday noon.

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**Sunday Services:**  
10 a.m.  
Online only, until further notice.

Request the link to Sunday services [here](#).  
You will need the *Zoom* app.

**February 21, 2021**  
**Lent 1**



Experiencing, Embodying, and Expressing  
God's Transforming Love

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Sunday Zoom Service: 10 a.m.

Pastor Kerry is speaking on  
*All Will Be Well*

Nest Sunday:  
Pastor Matt will be speaking.

## WELCOME GUESTS!

### Sunday Services



We are holding Sunday services on-line via Zoom until further notice. [Go to our website](#) for details. Our transition team is working to help guide us through the Province's Stage 3 phase; [contact them](#) if you have questions or concerns.

**Giving:** The operations and ministries of Sunnyside are made possible as we, from a love response to God, freely offer our time, money, and talent. There are several ways to help support this work we're in together: text "swcott" to 77977, use an offering envelope (located in the pew), or [go to our website](#).

## LAST WEEK'S NUMBERS

**Attendance, Feb. 14:** 249

**Ash Wednesday** (onsite & online): 89

- Sunnyside's weekly budget is \$8,259.
- Last week Sunnyside received \$2,900, of which \$25 was for missions.
- Year-to-date giving is \$47,270, which is roughly the same as last year.

*Thank you for your faithfulness and generosity!*

### Pastor Kerry's Weekly Email

During this time when we're not able to physically gather, Pastor Kerry is sending regular updates which include Zoom links to our services, articles, encouragement, and church news. The content is available [on our website](#), or [click here](#) to receive it by email.

## A PEOPLE...

### Semi-Annual Local Church Conference

Our annual budget meeting will be held **Sunday, Feb. 21** at 11:10 a.m. (immediately after the Zoom service). To receive a copy of the budget report, [contact the office](#).



### Canal Skate

If you're 20-40ish, join us for a physically-distanced skate on the Rideau Canal on **Sunday, Feb. 21**. We'll meet at the Bank St. entrance at 2 p.m.

## A PRESENCE...



### Wake Up The World Conference

Young adults, join us online **Mar. 5-7**. This year's theme is *Shipwrecked*, and we look at how to survive a shipwreck in life and give God control of our "ship". This year's conference is FREE and includes special speakers, worship, games, Escape Room, and the CHRI Fun Team! For more info and to register, go to the [website](#) or [Facebook page](#).

### RENEW Arts + Theology

Author Karen Stiller will speak on the theme *Telling the Truth: The Spirituality of Writing* on **Thursday, Mar. 11, 7-8:15 p.m.** What does it mean to tell the truth through your writing? How does the written truth hurt, heal, and transform? Whether you're a seasoned, aspiring, or non-writer, join us for a free virtual gathering as we hear from Karen, participate in a writing activity, and do Q&A. [Please RSVP](#).



## This Week's Readings

[Psalm 25:1-10](#) [Genesis 9:8-17](#)  
[1 Peter 3:18-22](#) [Mark 1:9-15](#)



## Resource Corner

### Lenten Devotional

Please take time to ponder the significance of [the Season of Lent](#), which extends up to Easter.

You may also make use of [a daily devotional](#) through the season. (If you would prefer a hardcopy to be mailed to you, [contact the office](#).)

*Our Daily Bread* devotional booklets, regular and large print, can also be mailed out upon request.



### Navigating Anxiety

Pastor Kerry suggests this resource on [Understanding and Navigating Anxiety](#). It covers individual mental health as well as when anxiety affects at least one spouse in a marriage, and how to face anxiety as a parent or in a child.