

## OUR MISSION

The Mission of Sunnyside Wesleyan Church is to be:

**A place** where we experience God's transforming love through the Holy Spirit, by faith, the Word of God, worship and prayer;  
**A people** being transformed by the love and grace of Jesus as we practice authentic community;  
**A presence** of God's transforming love in Old Ottawa South, across the city and around the world, through acts of generosity, compassion, and outreach.

## PRAYER FOCUS

### Back to School



As in other cities across Ontario, Ottawa's students and teachers went back into their schools this week. With the extra challenges they face, let's uphold them in prayer.

- Pray for children: that God will protect them with peace, love for each other, and obedient hearts, and that God will use this experience to instill perseverance and character.
- Pray for teachers: that God will protect them with peace, love and respect for each other, and support from family, peers and administrators.
- Pray for School Administrators: that God will protect them with peace; give them wisdom from above to lead well; strengthen and encourage them.

From [Love Ottawa](#)

## CONTACT INFORMATION

**Sunnyside Wesleyan Church**  
58 Grosvenor Ave., Ottawa ON K1S 4S4  
613-730-9411  
[www.sunnysidechurch.ca](http://www.sunnysidechurch.ca)

[Click here](#) for staff contact info.

### Prayer Requests:

Submit yours [here](#).

(Will be kept strictly confidential.)

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### Office hours:

*Will resume when the provincial stay-at-home order is rescinded.*  
Phone and email checked regularly.

### Bulletin Announcement Deadline:

[Contact the office](#) by Wednesday noon.

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### Sunday Services:

10 a.m.

Online only, until further notice.

Request the link to Sunday services [here](#).  
You will need the *Zoom* app.

**February 7, 2021**  
**Epiphany 5**



Experiencing, Embodying, and Expressing  
God's Transforming Love

Sunday Zoom Service: 10 a.m.

Pastor Kerry is speaking on  
*Those Who Wait for the Lord  
Shall Renew Their Strength.*

Nest Sunday:  
Pastor Matt will be speaking.

## WELCOME GUESTS!

### Sunday Services



We are holding Sunday services on-line via Zoom until further notice. [Go to our website](#) for details. Our transition team is working to help guide us through the Province's Stage 3 phase; [contact them](#) if you have questions or concerns.

**Giving:** The operations and ministries of Sunnyside are made possible as we, from a love response to God, freely offer our time, money, and talent. There are several ways to help support this work we're in together: text "swcott" to 77977, use an offering envelope (located in the pew), or [go to our website](#).

## LAST WEEK'S NUMBERS

### Attendance:

Jan. 24 - 210 Jan. 31 - 241

- Sunnyside's weekly budget is \$8,259.
- Last week Sunnyside received \$5,480, of which \$75 was for missions.
- Year-to-date giving is \$29,425 (\$865 for missions), which is \$480 less than last year at this time.

*Thank you for your faithfulness and generosity!*

## A PEOPLE...

### Pastor Kerry's Weekly Email

During this time when we're not able to physically gather, Pastor Kerry is sending regular updates which include Zoom links to our services, articles, encouragement, and church news. The content is available [on our website](#), or [click here](#) to receive it by email.

### Semi-Annual Local Church Conference

Our annual budget meeting will be held **Sunday, Feb. 21** at 11:10 a.m. (immediately after the Zoom service). Materials will be emailed to members and available by request to adherents the week of Feb. 14.

The Board will meet via Zoom next **Tuesday, Feb. 16** at 6:30 p.m.

## A PRESENCE...



### Wake Up The World Conference

Young adults, join us online **Mar. 5-7**. This year's theme is *Shipwrecked*, and we look at how to survive a shipwreck in life and give God control of our "ship". This year's conference is FREE and includes special speakers, worship, games, Escape Room, and the CHRI Fun Team! For more info and to register, go to the [website](#) or [Facebook page](#).

## A PLACE...

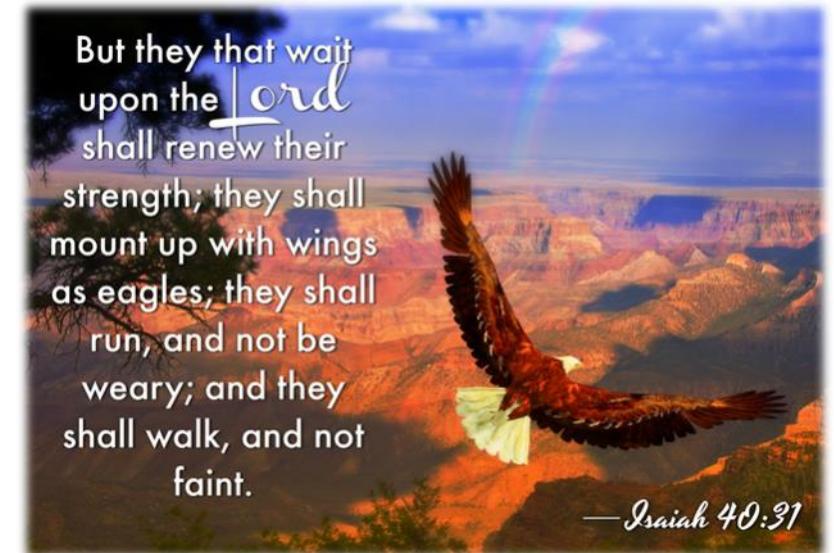
### Provincial Stay-at-Home Order

A province-wide [state of emergency](#) was made on Jan. 12. For Sunnyside that means we will keep our Sunday services online and also adjust our smaller gatherings (youth group, Girls' Club, 20toLife, small groups, etc.) to meet only online. There will be no church office hours, but feel free to make contact via email or by leaving a phone message. *Pastoral care contacts and mom-to-mom supports will continue through phone or Zoom.*

## This Week's Readings

[Psalm 147:1-11](#) [1 Corinthians 9:16-23](#)

[Mark 1:29-39](#) [Isaiah 40:21-31](#)



## Resource Corner

### Navigating Anxiety

Pastor Kerry suggests this resource on [Understanding and Navigating Anxiety](#). It covers individual mental health as well as when anxiety affects at least one spouse in a marriage, and how to face anxiety as a parent or in a child.

### Daily Scripture Reading

It is time to be very stubborn about where we spend our mind space. If you aren't in a habit of daily scripture reading to acquaint yourself with who God is and who you are in relation to him, you may join Pastor Kerry in using this [online reading guide](#). If you would like to receive a hardcopy of the *Our Daily Bread* devotional booklet, please [let us know](#) how many you need for yourself and friends/family, and we'll pop them in the mail.

