

OUR MISSION

The Mission of Sunnyside Wesleyan Church is to be:

A place where we experience God's transforming love through the Holy Spirit, by faith, the Word of God, worship and prayer;

A people being transformed by the love and grace of Jesus as we practice authentic community;

A presence of God's transforming love in Old Ottawa South, across the city and around the world, through acts of generosity, compassion, and outreach.

PRAYER FOCUS

Rising COVID-19 Infections

Again, we are called to pray fervently for an end to COVID-19 as infections reach record levels in Ontario. There are several troubled areas where God can shine His light -- grieving families, crowded hospitals, vulnerable long-term care homes, added school restrictions, further impact on local business, and demand for an increased vaccination rate. Please pray...

- That the Lord will work to bring an end to this pandemic through whatever means He chooses.
- For good sense among all Ottawa residents to abide by public health rules, preventing the spread of the virus.
- For renewed efforts to stamp out the spread of the virus among the elderly in long-term care homes.
- That authorities will be able to find sufficient space in hospitals to handle serious medical issues, whether COVID-19 cases or surgery and care of those with other health issues.
- That school children will soon be able to resume attending school at least part-time.
- For the mental health of everyone – but particularly single people – during the latest restrictions.
- For rapid production and distribution of anti-COVID vaccines in our city and country.

From [Love Ottawa](#)

CONTACT INFORMATION

Sunnyside Wesleyan Church
58 Grosvenor Ave., Ottawa ON K1S 4S4
613-730-9411
www.sunnysidechurch.ca

[Click here](#) for staff contact info.

Prayer Requests:

Submit yours [here](#).

(Will be kept strictly confidential.)

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Office hours:

Will resume when the provincial stay-at-home order is rescinded.

Phone and email checked regularly.

Bulletin Announcement Deadline:

[Contact the office](#) by noon on Wednesday.

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Sunday Services:

10 a.m.

Online only, until further notice.

Request the link to Sunday services [here](#).

You will need the *Zoom* app.

January 31, 2021
Epiphany 4



Experiencing, Embodying, and Expressing
God's Transforming Love

Sunday Zoom Service: 10 a.m.

Pastor Miranda is speaking on
A Prophet Like Me

Nest Sunday:
Pastor Kerry will be speaking.

WELCOME GUESTS!

Sunday Services



We are holding Sunday services on-line via Zoom until further notice. [Go to our website](#) for details. Our transition team is working to help guide us through the Province's Stage 3 phase; [contact them](#) if you have questions or concerns.

Giving: The operations and ministries of Sunnyside are made possible as we, from a love response to God, freely offer our time, money, and talent. There are several ways to help support this work we're in together: text "swcott" to 77977, use an offering envelope (located in the pew), or [go to our website](#).

Resource Corner

Navigating Anxiety

You may be interested in this resource on [Understanding and Navigating Anxiety](#). It talks about individual mental health as well as when anxiety affects at least one spouse in a marriage, and how to face anxiety as a parent or in a child.

Daily Scripture Reading

It is time to be very stubborn about where we spend our mind space. If you aren't in a habit of daily scripture reading to acquaint yourself with who God is and who you are in relation to him, you may join Pastor Kerry in using this [online reading guide](#). If you would like to receive a hardcopy of the *Our Daily Bread* devotional booklet, please [let us know](#) how many you need for yourself and friends/family, and we'll pop them in the mail.



A PEOPLE...

Pastor Kerry's Weekly Email

During this time when we're not able to physically gather, Pastor Kerry is sending regular updates which include Zoom links to our services, articles, encouragement, and church news. The content is available [on our website](#), or [click here](#) to receive it by email.

The Been There's

Are you 55+? Grab a coffee and join us this **Thursday, Feb. 4** at 9:30 a.m. via Zoom for fellowship, prayer, and a devotional message by Pastor Kerry with a Valentine's theme. [Contact the office](#) or Jill Davis for the Zoom link.



Online Gathering

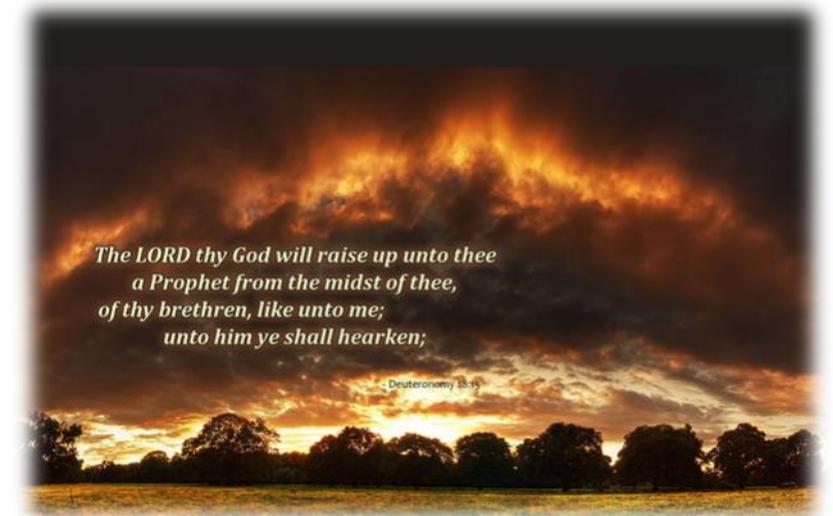
Ages 20-40 are invited to join via Zoom this **Friday, Feb. 5** at 6:30pm as we spend some time reflecting on the past year using the Arrow Leadership's [Guide for End of Year Reflection](#). There will also be a time to check in with each other, prayer, and hang out. Contact [Jesse Duncan](#) for the link.

Semi-Annual Local Church Conference

Our annual budget meeting will be held **Sunday, Feb. 21** at 11:10 a.m. (immediately after the Zoom service). Materials will be emailed to members and available by request to adherents the week of Feb. 14.

This Week's Readings

[Psalm 111](#) [1 Corinthians 8:1-13](#)
[Mark 1:21-28](#) [Deuteronomy 18:14-22](#)



A PLACE...

Provincial Stay-at-Home Order

A province-wide [state of emergency](#) was made on Jan. 12. For Sunnyside that means we will keep our Sunday services online and also adjust our smaller gatherings (youth group, Girls' Club, 2otoLife, small groups, etc.) to meet only online. There will be no church office hours, but feel free to make contact via email or by leaving a phone message. *Pastoral care contacts and mom-to-mom supports will continue through phone or Zoom.*