

## COMMUNICATION

### Stay Connected!

If you would like to stay informed about church events or prayer needs, fill out a communication card or contact the office to be added to any of our church email lists.

### Bulletin Announcements Deadline

Please contact the office by Wednesday at noon.

## PRAYER FOCUS

### COVID-19 Pandemic



We're grateful for a good report that the virus is only spreading slowly. Please pray for...

- Medical workers, for strength, endurance, protection, for their homes to be protected, and that they get help they need it for childcare or other demands.
- Enough medical supplies in every place where they are needed. He is our provider.
- Swift healing, peace and comfort for the sick; and comfort for those who are anxious or isolated.
- Protection, wisdom, encouragement, and endurance for grocery, retail, and service providers who are more exposed to social contact.
- Protection for shelters and the homeless, that staff and guests will get the help they need by God's grace.
- Social distancing and hand-washing to be diligently practiced and be effective to "flatten the curve" and that God would grant us success in staying healthy.
- People whose businesses and workplaces have closed, that their needs would be met.
- Homes where stress is high, that God would intervene with help and peace; and for a multiplication of good counsellors, that wisdom from above would be sought and received.
- Protection, comfort, and hope for children and youth, especially those who are vulnerable and whose support systems are closed or limited to online or phone access.

(from loveottawa.ca)

## CONTACT INFORMATION

### Prayer Requests

prayer@sunnysidechurch.ca  
(Will be kept strictly confidential.)

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### Sunnyside Wesleyan Church

58 Grosvenor Ave., Ottawa ON K1S 4S4  
613-730-9411  
www.sunnysidechurch.ca

### Office hours:

Onsite presence in emergencies only.  
Phones and email checked regularly.

### Sunday Services:

9 & 11 a.m.

Online only, until further notice.  
Request the link to Sunday's services [here](#).  
You will need the *Zoom* app.



**March 29, 2020**  
**Lent 5**



Experiencing, Embodying, and Expressing  
God's Transforming Love

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9 & 11 a.m.  
via online conferencing

Pastor Kerry is speaking on  
*Forgive Us Our Trespasses*  
*As We Forgive Those Who Trespass Against Us*

Next week:  
Palm Sunday  
Chris Barrett will be speaking.

## WELCOME GUESTS!

**Once onsite services resume:** Please pause to fill out a connection card and drop it in the offering plate or the Communication box in the foyer, or scan the QR code.



**Children & Youth:** A supervised nursery for newborns to age 2 is located upstairs. All other programming takes place downstairs. Early in the service, children are called to the front for prayer before going to their classes. Sunday school schedule:

- 9 a.m. - Age 3 to Gr. 6 (Communion Sunday, to Gr. 5)
- 11 a.m. - Age 3 to Gr. 4
- Youth (Gr. 7-12) - 2<sup>nd</sup> Sunday of the month at 9 a.m.

*All children and youth ministry volunteers have had police records checks.*

**Accessibility:** Washrooms are downstairs; if you need to use the elevator, an usher will be happy to assist you. Portable hearing devices and binders with large print song lyrics are available from the ushers.

**Giving:** The operations and ministries of Sunnyside are made possible as we, from a love response to God, freely offer our time, money, and talent. There are several ways to help support this work we're in together: text "swcott" to 77977, use an offering envelope (located in the pew), or [go to our website](#).

## LAST WEEK'S NUMBERS

- Sunnyside's weekly budget is \$8,259.
- Last week, Sunnyside received \$5,439.
- Total year-to-date giving is \$78,076; this is \$11,304 less compared to this Sunday last year.

*Thank you for your faithfulness  
and support in giving!*

**Attendance: March 22**  
9 a.m. - 150    11 a.m. - 175



## A PEOPLE...

### A New Way of Gathering Together

We are holding our Sunday services, small groups, and other gatherings via *Zoom* online video conferencing until further notice. [Go to our website](#) for details, or [contact the office](#) if you wish to receive Pastor Kerry's weekly updates with log-in info.



### Baptism & Confirmation Group

Are you interested in being baptized or confirmed, or do you wish to learn more? Please attend an online session with Pastor Kerry on either **Mar. 29** or **Apr. 19, 12:30-2 p.m.** Our next baptism service is May 3. [Contact Pastor Kerry](#) for more info and meeting log-in instructions.



### Opt Yourself in to Serve

Please let us know about how you'd enjoy contributing to others in our community for 202/21. We don't want to miss you as we set up new and continuing service roles! [Add your name to the online form](#) and we will contact you in the next couple of weeks.

### Micro-Groups

Our Community Life pastor, Gilles Doucet, says a whole lot of friendship, encouragement and growth can happen in what he calls [Micro-Groups](#): small groups of 3 to 4 people. If you're interested, [contact Gilles](#).

**Empowered 2020 Women's Conference**, which was to be held May 1,2, has been cancelled.

## OUR MISSION

The Mission of Sunnyside Wesleyan Church is to be:

**A place** where we experience God's transforming love through the Holy Spirit, by faith, the Word of God, worship and prayer;

**A people** being transformed by the love and grace of Jesus as we practise authentic community;

**A presence** of God's transforming love in Old Ottawa South, across the city and around the world, through acts of generosity, compassion and outreach.

## SERMON QUESTIONS

### This Week's Readings:

Ps 130 Lev 25:1-17 Eph 4:25-5:2 Matt 6:1, 5-15

*The Lord's Prayer, Part 5: And Forgive Us our Trespases  
as We Forgive Those who Trespass Against Us*

1. Read Matt. 6:14-15. What principle is being laid out here?

2. What about the practical outworking of the principle? Peter, Jesus' disciple, explores the limits of forgiveness in Matt. 18:21: "Lord, if another member of the church sins against me, how often should I forgive? As many as seven times?" (In early rabbinic teaching, a limit of three times was regarded to be enough - three strikes and you're out! So, Peter's suggested seven times is more than double the standard.) Jesus gives an out of the ballpark answer in v. 22: "Not seven times, but, I tell you, seventy-seven times." Read the parable that follows in Matt. 18:23-35.

- What do we learn about God's forgiveness? What does this imply about the extent to which we are to forgive?

3. Read Matt. 6:12, 14-15.

- How do you understand forgiveness? What is it? What is it not?

- How does God's forgiveness differ from ours?

4. Read Matt. 1:21. What is Jesus' mission? How does unforgiveness interrupt Jesus' mission? What does your choice not to forgive say about you?

5. How will a commitment to forgive affect our approach to other people during this time when blaming and shaming seem on the rise?

6. To close your time together, pray this prayer:

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.