

COMMUNICATION

Stay Connected!

If you would like to stay informed about church events or prayer needs, fill out a communication card or contact the office to be added to any of our church email lists.

Bulletin Announcements Deadline

Please contact the office by Wednesday at noon.

PRAYER FOCUS

Ottawa Transit Woes



Every citizen in our city is touched by the challenges with OC Transpo. Please pray...

- that John Manconi and the executive team of the Transit Commission will find solutions for dramatically improving the whole system.
- for City Manager Steve Kanellakos as he works with Mayor Jim Watson and city councillors to oversee the next phase of light rail.
- for OC Transpo employees as they deal with the ongoing negativity in their world—may God give them grace and resilience.
- that OC Transpo users will have great grace, patience and hope as they try to get through a tough winter; and that Christians will step up to bring kindness and charity to the whole environment.

(from loveottawa.ca)

OUR MISSION

The Mission of Sunnyside Wesleyan Church is to be:

A place where we experience God's transforming love through the Holy Spirit, by faith, the Word of God, worship and prayer;

A people being transformed by the love and grace of Jesus as we practise authentic community;

A presence of God's transforming love in Old Ottawa South, across the city and around the world, through acts of generosity, compassion and outreach.

CONTACT INFORMATION

Prayer Requests

prayer@sunnysidechurch.ca
(Will be kept strictly confidential.)

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Sunnyside Wesleyan Church

58 Grosvenor Ave., Ottawa ON K1S 4S4

613-730-9411

www.sunnysidechurch.ca

Office hours:

Monday to Friday

9:30 a.m. - 3:30 p.m.

Closed on Family Day, Feb. 17

Sunday Services:

9 & 11 a.m.

February 16, 2020



Experiencing, Embodying, and Expressing
God's Transforming Love

9 & 11 a.m.

Communion

Pastor Kerry is speaking on
*Postures During Times of Change:
Healthy Relating*

Next week:

Paul Racine will be speaking

WELCOME GUESTS!

We're happy you're here! Please pause to fill out a connection card and drop it in the offering plate or the Communication box in the foyer, or scan the QR code.



Children & Youth: A supervised nursery for newborns to age 2 is located upstairs. All other programming takes place downstairs. Early in the service, children are called to the front for prayer before going to their classes. Sunday school schedule:

- 9 a.m. - Age 3 to Gr. 6 (Communion Sunday, to Gr. 5)
- 11 a.m. - Age 3 to Gr. 4
- Youth (Gr. 7-12) - 2nd Sunday of the month at 9 a.m.

All children and youth ministry volunteers have had police records checks.

Accessibility: Washrooms are downstairs; if you need to use the elevator, an usher will be happy to assist you. Portable hearing devices and binders with large print song lyrics are available from the ushers.

Giving: The operations and ministries of Sunnyside are made possible as we, from a love response to God, freely offer our time, money, and talent. There are several ways to help support this work we're in together: text "swcott" to 77977, use an offering envelope (located in the pew), or go to our website: sunnysidechurch.ca/giving.

LAST WEEK'S NUMBERS

- Sunnyside's weekly budget is \$8,259.
- Last week, Sunnyside received \$7,507 of which \$163 was for missions.
- Sunnyside has received \$4,500 less this year compared to last year at this time.



Thank you for your faithfulness and support in giving!

Attendance: Feb. 9
9 a.m. - 96 11 a.m. - 98

A PEOPLE...

Today we will take Communion. The bread is gluten-free.

New Members

Today, Dora Boersma, Tim Amirault, Rob Samulack, and Rachel Samulack are being received as members of The Wesleyan Church. Please keep them in your prayers.



Ages 20-40, our next Mid-Size Gathering is **Friday Feb. 21**, 6:30-9 p.m. in the Grosvenor Rm. We'll spend time in prayer and worship and Iain will lead us in a discussion. Then there will be time for games, food, and conversation together. Childcare is available at this event!

Ash Wednesday

All are welcome to mark the beginning of Lent with a service on **Feb. 26** at 7 p.m.; a meaningful time of worship, with Communion and the imposition of ashes.



Local Church Conference

A meeting of the Local Church Conference will be held on **Sunday, Mar. 1**, 12:20-1:30 p.m. This meeting is so that the congregation can vote on the annual budget proposed by the Board AND vote on the renewal of Pastor Kerry's appointment as senior pastor.

- All are welcome to attend. Members of the church as well as those who consider themselves to be regular attenders will be able to vote. While the official record of decision is determined by the vote of the members, everyone will have an opportunity to be heard.
- The rules of The Wesleyan Church provide that official members who are unable to attend may cast an absentee vote. If this applies to you, see Beth Fleming today after the service or contact the church office.

Coming Up...

Feb. 21 20 to Life Mid-Sized Gathering, 6:30 p.m.
Feb. 26 Ash Wednesday Service, 7 p.m.
Feb. 29 Men's Breakfast, 9 a.m.
Mar. 1 Local Church Conference, 12:20 p.m.
Mar. 5 Been Theres (55+), 9:30 a.m.
Mar. 6-8 Wake Up the World Conference

SERMON QUESTIONS

This Week's Readings:

Ps 119:1-8, Deut 30:15-20, 1 Cor 3:1-9, Matt 5:21-37

Postures During Times of Change: Healthy Relating

1. From everyday life, give examples of following the letter of the law versus following the spirit of the law. What's the difference? How might following the spirit of the law be, in a way, harder or more involved?

- Read 1 Cor. 3:1-9. What hints of "good news" do you get from this text about your part and God's part as you seek to live well in times of change? (See vv. 4-8)
- 2. Read Matthew 5:21-37. Notice vv. 22, 28, 32, 34. What does Jesus mean, and what does he not mean, when he says, "But I say to you..."? Is Jesus' replacing the law with his own commands? (See Matt. 5:17.) Why or why not?
- 3. Read vv. 21-22. Jesus gets at the spirit of the law which is the heart of the matter. He describes the foundations of murder which can even show up in a community gathered to worship God.
 - Harboring anger: ongoing aversion, antipathy or opposition toward another
 - Insult: showing contempt - despising, disdain, disrespecting another
 - Misjudging your brother or sister "a fool," i.e., entirely stupid and off-base in what they do and think
- 4. The heart attitudes above do not literally kill another person.
 - But how and what *do* they kill? Why?
 - How do these heart attitudes interrupt Holy Spirit freedom in the worship gathering? What are we to do about it? (See vv. 23-24.)
- 5. Be silent for 5 minutes and let God remind you of how you harbour anger and contempt or call someone "a fool" in your heart. Perhaps you do it to yourself, which is equally harmful. No need to share with others. Ask God what he wants you to do about it.
- 6. Pray together for our hearts in Sunnyside Church, that we will do our parts to make way for the Holy Spirit to move freely among us during worship gatherings.

Family Day at Silver Lake

Monday, Feb. 17, 9 a.m. to 5 p.m. enjoy winter sports and activities at the lake with family and friends: \$12/person or \$39/family, lunch included. To register, go to the Facebook event or slwc.ca/events.

