

COMMUNICATION

Stay Connected!

If you would like to stay informed about church events or prayer needs, fill out a communication card or contact the office to be added to any of our church email lists.

Bulletin Announcements Deadline

Please contact the office by Wednesday at noon.

PRAYER FOCUS

Our Workplaces



Why pray for our workplaces? Because that may be the only place where many in our city see Christians in action - loving them and sharing the good news with them. God also wants us to pray for the welfare of our city - including our employers. Please pray...

- That God will spur us to share the love of Christ with fellow employees where we work.
- For freedom to express our faith in businesses and government departments.
- That those called to leadership in our workplaces will use their authority for the benefit of all.
- For the courage to speak up against violence and intolerance in the workplace.
- For good working environments in local businesses, government departments, and agencies.

(loveottawa.ca)

OUR MISSION

The Mission of Sunnyside Wesleyan Church is to be:

A place where we experience God's transforming love through the Holy Spirit, by faith, the Word of God, worship and prayer;

A people being transformed by the love and grace of Jesus as we practise authentic community;

A presence of God's transforming love in Old Ottawa South, across the city and around the world, through acts of generosity, compassion and outreach.

CONTACT INFORMATION

Prayer Requests

prayer@sunnysidechurch.ca
(Will be kept strictly confidential.)

~

Sunnyside Wesleyan Church

58 Grosvenor Ave., Ottawa ON K1S 4S4

613-730-9411

www.sunnysidechurch.ca

Office hours:

Monday to Friday

9:30 a.m. - 3:30 p.m.

Sunday Services:

9 & 11 a.m.

February 2, 2020



Experiencing, Embodying, and Expressing
God's Transforming Love

9 & 11 a.m.

Newcomers' Coffee Reception
Pastor Kerry is speaking on
Postures During Times of Change: Humility

Next week:
Pastor Kerry will be speaking

WELCOME GUESTS!

We're happy you're here! Please pause to fill out a connection card and drop it in the offering plate or the Communication box in the foyer, or scan the QR code.



Children & Youth: A supervised nursery for newborns to age 2 is located upstairs. All other programming takes place downstairs. Early in the service, children are called to the front for prayer before going to their classes. Sunday school schedule:

- 9 a.m. - Age 3 to Gr. 6 (Communion Sunday, to Gr. 5)
 - 11 a.m. - Age 3 to Gr. 4
 - Youth (Gr. 7-12) - 2nd Sunday of the month at 9 a.m.
- All children and youth ministry volunteers have had police records checks.*

Accessibility: Washrooms are downstairs; if you need to use the elevator, an usher will be happy to assist you. Portable hearing devices and binders with large print song lyrics are available from the ushers.

Giving: The operations and ministries of Sunnyside are made possible as we, from a love response to God, freely offer our time, money, and talent. There are several ways to help support this work we're in together: text "swcott" to 77977, use an offering envelope (located in the pew), or go to our website: sunnysidechurch.ca/giving.

LAST WEEK'S NUMBERS

- Sunnyside's weekly budget is \$8,259.
- Last Sunday, Sunnyside received \$5,576, of which \$356 is for missions.



Thank you for your faithfulness and support in giving!

Attendance: Jan. 26
9 a.m. - 100 11 a.m. - 131

A PEOPLE...

Newcomers' Coffee Reception
Today after the services, join us for refreshments as we get to know our newest Sunnysiders. If you wish to identify yourself as a newcomer, please use a red mug so that we can give you a special welcome!



The Been Theres
Are you 55+? Join us **Thursday, Feb. 6** at 9:30 a.m. in the church basement for refreshments, video teaching, and discussion led by Pastor Kerry.

20toLife **Community Outing**
Ages 20-40, join us for skating on the canal on **Sunday, Feb. 9** after the 11:00 service. Bring your skates and meet in the foyer so we can walk over together at 1 p.m. - or meet us at the Bank St. canal entrance. Pack a lunch or buy one on the way. This event is family friendly!

Piano Giveaway
We're getting rid of the piano in the basement. If you'd like it, contact the church office to arrange a time to come pick it up—first come, first served.



Wake Up The World Conference
A full weekend retreat for those ages 18-40 beginning **Friday, Mar. 6** at 6:30 p.m. and going through to **Sunday, Mar. 8**. The weekend is full of worship, speakers, food, fellowship, and games. Speakers include Pastor Kerry, Paul Racine, Ken Riddell, and Pastor Charmaine Kofler (BCCN). Events include CHRI on location Friday night, Escape Rooms, video game tournament, and tons of food! Invite your friends! Tickets: \$30. For more info or to register: wakeuptheworld.ca.

Share today's insert with a friend!

Coming Up...
Feb. 6 Been Theres, 9:30 a.m.
Feb. 9 20 to Life Outing, after the 11:00 service
Feb. 11 Board meeting, 6:30 p.m.
Feb. 12 Girls Club, 6:30 p.m.
Feb. 26 Ash Wednesday Service, 7 p.m.

SERMON QUESTIONS

This Week's Readings:
Ps 15, Mic 6:1-8, 1 Cor 1:18-31, Matt 5:1-12

Postures During Times of Change: Humility

Read Matthew 5:1-12.

1. Read v. 1. Why did Jesus move away from the crowds and offer this teaching to his disciples (committed followers)?
2. Read v. 1-12. Think about the word translated "Blessed." What does it mean? What does it not mean?
3. N.T. Wright translates verse 3: "Wonderful news for the poor in spirit! The kingdom of heaven is yours!" Jesus is proclaiming good news, accessible to all.
 - Work through vv. 3-9 one at a time and form contrasting statements that describe worldly culture or values. For example, instead of saying, "Blessed are the poor in spirit, for theirs is the kingdom of heaven," a worldly culture might declare, "Blessed are the self-reliant, for they will achieve whatever they set their minds to."
 - How is what Jesus offers inclusive while what the world offers, exclusive?
 - Why is what Jesus offers hard to accept?
4. Read 1 Corinthians 1:17-31. How do the Beatitudes (Matthew 5:1-12) reflect Jesus and his upside-down way of changing the world?
5. Zero in on the idea of humility in vv. 3 and 5.
 - Define "poor in spirit" and "meek."
 - Read Micah 6:8. What change of mind, heart, or action is needed for you to walk humbly with your God in your every day?
 - Take time to pray for specific requests as you seek to live the wisdom of God.

Union City Church News: Life Lab

Life can be messy with conflict in relationships, families, fears, failures, and even addictions. Sometimes we have swept a lot of dirt under the rug and now it's unmanageable. LifeLab is an experiential journey to help us confront the mess and give God the space to clean it up. The 17-week sessions start Feb 10.

For info: UnionCityChurch.com/about-lifelab